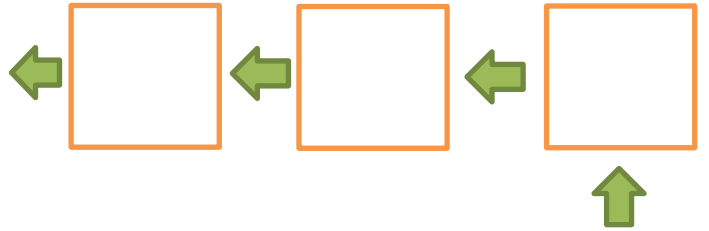


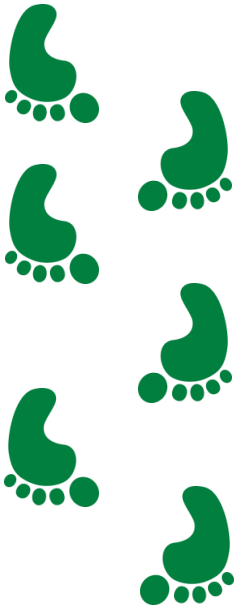
Start!

Finish!



Hop like a kangaroo onto the squares

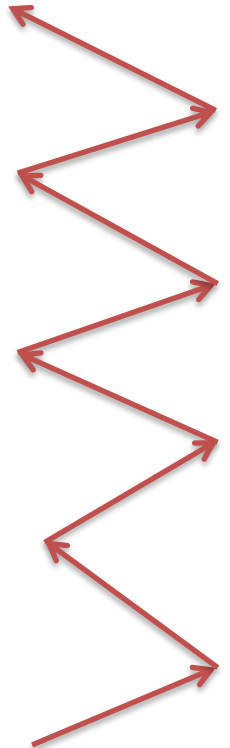
Skip



Pick out a section of the sidewalk to be the obstacle course. Decide where to have the obstacle course start and end!

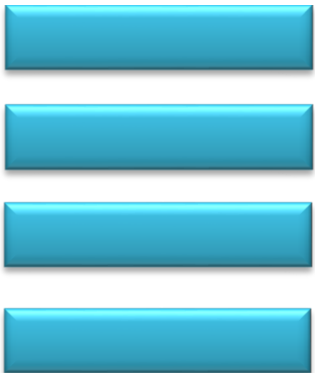
Sidewalk Obstacle Course!

Give a high five to the sky!



Spin in place 2 times

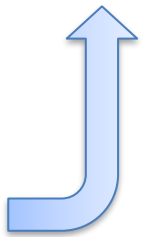
Jump onto the bars



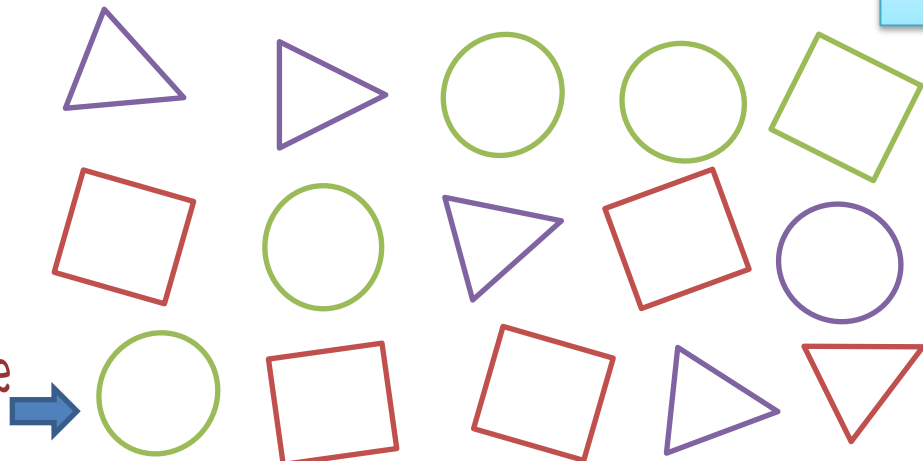
You can use our example template, or turn over the paper to see other activities to make up your sidewalk obstacle course!

You can use store bought chalk, or make your own!

Zig Zag



Jump on only one shape or color!



Additional Obstacle Activities

- Hopscotch
- Run
- Jump over circles
- Walk sideways
- Whistle
- Roar
- Clap hands 3 times
- Draw the alphabet to jump on while singing the alphabet song
- Balance while running in a straight or curvy line
- Snap your fingers
- Jump forward landing in the direction the feet are pointing
- Stomp your feet
- Have the path split into 2 different paths with different activities that come back to the main path.
- Do a dance move
- Touch your head, shoulder, knees, and toes
- Hop like a bunny or a frog

There are tons of possibilities with this obstacle course! Feel free to share with us other activities you did!